

### For Daily Health

Do the daily shake with delicious, nutritious, perfectly balanced chocolate or vanilla shake mix. Provides 20 grams of vegan protein to help support muscles,<sup>°</sup> delivering a 100% amino acid score, plus more than 20 essential vitamins and minerals per serving. Clinically tested and certified to have a low glycemic index, which has little effect on blood sugar levels and does not cause a spike in blood sugar. Chocolate **#2069;** Vanilla **#2070** 

### FEATURES

- 20 grams of easy-to-digest vegan protein, derived from peas, rice and cranberries, per serving
- Supplemented with 20 vitamins and minerals, such as vitamin E and magnesium to support overall health, energy and well-being<sup>6</sup>
- Can be blended with a variety of fresh fruits and vegetables, our Greens Balance, and Daily Fiber Boost to supplement nutrient values and taste
- Clinically tested and qualified with a low glycemic index

Essential amino acids help support muscle repair and

Low allergen potential is achieved by avoiding common allergens,

such as soy and whey, which are present in many protein mixes

20 grams of natural vegan protein promotes satiety and is easily

• Free of artificial colors, flavors and sweeteners, as well as dairy, whey, soy, saturated fats, trans fats, and cholesterol



**KEY INGREDIENTS & BENEFITS** 

protein synthesis<sup>®</sup>

digestible

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### ARBONNE ADVANTAGE

- These products are called Daily Essentials because they are best when used every day, so you can experience the building benefits of proper nutrient, fiber, and protein intake, as you continue on your personal wellness path.
- Daily Essentials products work best when used together to deliver complete nutrition options that can help fill the gaps in your daily diet and provide a health and wellness solution that fits seamlessly into any busy lifestyle.



Blend with a variety of fruits and vegetables to give your shakes an extra nutrient boost while creating your own favorite flavor combinations.

### HOW TO USE

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Add 2 scoops of the Protein Shake Mix powder to 9 oz. of cold water and shake vigorously.

<sup>6</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# ARBONNE ESSENTIALS® PROTEIN SHAKE MIX

### COMPLEMENTARY PRODUCTS

Digestion Plus, **#2063** Herbal Detox Tea, **#2076** Daily Fiber Boost, **#2075** 

### Vanilla

# **Supplement Facts**

Serving Size 2 scoops (42 g) | Servings Per Container 30

An	nount Per Serving	% Daily Value
Calories	160	
Calories from Fat	30	
Total Fat	3 g	5%
Saturated fat	0 g	0%
Trans fat	0 g	
Cholesterol	0 mg	0%
Total Carbohydrate	14 g	5%
Dietary Fiber	1 g	4%
Soluble fiber	1 g	
Insoluble fiber	0 g	
Sugars	9 g	
Protein	20 g	
Vitamin A (as retinyl palmitate)	620 IU	12%
Vitamin C (as ascorbic acid)	9 mg	15%
Vitamin D (as ergocalciferol)	50 IU	15%
Vitamin E (as d-alpha tocopheryl acetate)	5 IU	16%
Thiamin (as thiamin hydrochloride)	0.22 mg	15%
Riboflavin	0.25 mg	15%
Niacin (as niacinamide)	3 mg	15%
Vitamin B6 (as pyridoxine hydrochloride)	0.3 mg	15%
Folate (as folic acid)	61 mcg	15%
Vitamin B12 (as cyanocobalamin)	1 mcg	17%
Biotin	25 mcg	8%
Pantothenic Acid (as d-calcium pantothenate)	1.7 mg	17%
Calcium (as calcium carbonate)	153 mg	15%
ron	4.5 mg	25%
odine (as potassium iodide)	23 mcg	15%
Magnesium (as magnesium oxide)	61 mg	15%
Zinc (as zinc oxide)	2 mg	13%
Selenium (as sodium selenate)	11 mcg	16%
Copper (as copper gluconate)	0.3 mg	15%
Manganese (as manganese sulfate)	0.3 mg	15%
Chromium (as chromium chloride)	18 mcg	15%
Molybdenum (as sodium molybdate)	11 mcg	15%
Sodium (as sea salt and sodium citrate)	360 mg	15%
Potassium (as potassium citrate)	120 mg	3%
NNER G-PLEX®	37.5 mg	*

Coenzyme Q10, Alfalfa (leaf) powder, Kelp powder, Ginseng (root) powder

+Percent Daily Values are based on a 2,000 calorie diet. \*Daily Value not established.

OTHER INGREDIENTS: Arbonne Protein Matrix Blend (pea protein isolate, cranberry protein, rice protein), sugar cane, sunflower oil, natural vanilla flavor, inulin, maltodextrin, flax seed, stevia leaf extract, xanthan gum, gum acacia, guar gum.

Made in a facility that processes milk, eggs, soy and wheat.



Greens Balance, #6232

Omega-3 Plus, **#2066** 

Super Chews for Kids & Teens, **#2054** 

Ready-to-Drink Protein Shakes (12-pack), Chocolate #2071; Vanilla #2072

### Chocolate

## Supplement Facts

Serving Size 2 scoops (45 g) | Servings Per Container 30

	Amount Per Serving	% Daily Value <sup>+</sup>
Calories	160	
Calories from Fat	30	
Total Fat	3.5 g	5%
Saturated fat	0 g	0%
Trans fat	0 g	
Cholesterol	0 mg	0%
Total Carbohydrate	15 g	5%
Dietary Fiber	2 g	8%
Soluble Fiber	1 g	
Insoluble Fiber	1 g	
Sugars	9 g	
Protein	20 g	
Vitamin A (as retinyl palmitate)	620 IU	12%
Vitamin C (as ascorbic acid)	9 mg	15%
Vitamin D (as ergocalciferol)	50 IU	13%
Vitamin E (as d-alpha tocopheryl acetate	e) 5 IU	17%
Thiamin (as thiamin hydrochloride)	0.22 mg	15%
Riboflavin	0.25 mg	15%
Niacin (as niacinamide)	3 mg	15%
Vitamin B6 (as pyridoxine hydrochloride)	0.3 mg	15%
Folate (as folic acid)	61 mcg	15%
Vitamin B12 (as cyanocobalamin)	1 mcg	17%
Biotin	25 mcg	8%
Pantothenic Acid (as d-calcium pantothenate	e) 1.7 mg	17%
Calcium (as calcium carbonate)	153 mg	15%
Iron	6.8 mg	38%
lodine (as potassium iodide)	23 mcg	15%
Magnesium (as magnesium oxide)	61 mg	15%
Zinc (as zinc oxide)	2 mg	13%
Selenium (as sodium selenate)	11 mcg	16%
Copper (as copper gluconate)	0.3 mg	15%
Manganese (as manganese sulfate)	0.3 mg	15%
Chromium (as chromium chloride)	18 mcg	15%
Molybdenum (as sodium molybdate)	11 mcg	15%
Sodium (as sea salt and sodium citrate)	480 mg	20%
Potassium (as potassium citrate)	340 mg	10%
INNER G-PLEX®	37.5 mg	*
Coenzyme Q10, Alfalfa (leaf) powder, Ke	lp powder, Ginseng (re	oot) powder

†Percent Daily Values are based on a 2,000 calorie diet.

\*Daily Value not established.

**OTHER INGREDIENTS:** Arbonne Protein Matrix Blend (pea protein isolate, cranberry protein, rice protein), sugar cane, cocoa powder, natural chocolate flavor, sunflower oil, inulin, maltodextrin, stevia leaf extract, xanthan gum, gum acacia, flax seed, guar gum.

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Arbonne Essentials